RQW
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Session 10: About Beliefs and Non-Judgment

Summary: Non-judgement is one of the most powerful of all states. Non-judgment is essential to a possibility to clearly be in touch with the source. As long as judgement, not only interpersonal activity activities, but also the person's sense of self is a barrier that is almost impossible to get through in order to get in touch with any sense of self.

Report by Daniel Erickson